

## What is the swine-flu hysteria really about?

As regular as clockwork, the mass media warns mankind of the dangers of an impending pandemic. In 2003 we had SARS (Severe Acute Respiratory Syndrome), 3 years ago it was bird-flu, and now we have swine-flu hysteria.

It's been 3 years since the mass media terrified all of mankind with reports about the bird-flu pandemic. Emergency meetings were held, whole areas were quarantined, no news programs were broadcast without a global map to show how the bird flu pandemic ostensibly spread.

### Then, all of a sudden it was over. What had happened?

The world's leading scientific institute in natural health, the Dr. Rath Research Institute in California, succeeded in demonstrating that the most effective way to control the flu virus is through an optimum intake of vitamins and certain micronutrients. The finding of this groundbreaking research was published in the New York Times on March 24th 2006 under the heading: "Public Health Information for the Governments of the World".

It illustrated that micronutrients can block all important stages of infection of the influenza virus. Based on these findings, the publication called on all governments to improve the health of their citizens and develop public health strategies to fight influenza epidemics.

This publication - in one of New York's most influential newspapers and the seat of the UN - abruptly stopped the obviously extreme exaggeration of the bird flu hysteria. In light of this, it is not only legitimate but also necessary to question the present swine-flu hysteria.

### ● What is the swine-flu epidemic all about?

The pathogen of the swine flu is the influenza-virus. The Influenza virus that affects pigs, birds and other creatures as well as humans often differs only because of tiny alterations in the protein sequence. Therefore, it is not unusual that viruses found in pigs also occur in people. Hence, whether a virus is dangerous or not depends on its structure and not upon the animal(s) it comes from. It is certain that specific micronutrients could partly, or totally, inhibit the spread of all hitherto tested influenza viruses, independent of their structure.

### ● What does the name H1N1 for the virus mean?

The letter H stands for hemagglutinin and the letter N for neuraminidase. Both are enzymes covering the surface of the virus. There are various types of H protein; number 1 describes a certain strain of virus. The influenza virus H1 N1 is by no means an anomaly. The H1 N1 virus is one of the most common. Every news report that assigns specific dangers to the H1 N1 virus is scientifically untenable and could be accused of scare mongering.

### ● Who could be interested in a man-made hysteria?

There are only 2 reasons for this mass hysteria: they are financial and political. The biggest financial beneficiary is the pharmaceutical industry, earning billions by selling its chemical products and claiming that these will ostensibly avert flu-infection. It's no surprise, then, that such hysteria visits our planet with alarming regularity. The "business with disease" is one of the largest frauds in the history of mankind. By giving people carcinogenic chemotherapy, the business with cancer earns billions. Likewise the business with AIDS chemotherapy, causing only more damage to the immune system of patients, is no longer tenable. Long term, the pharmaceutical investment "business with disease" can only survive in a society where civil rights are curtailed and 'directives' determine political decision-making. This is precisely the political dimension behind this hysteria.

### ● Which preventive measures are possible to naturally strengthen the immune system and avoid infection without using pharmaceutical products?

The scientifically-researched key substances to naturally strengthen the immune system are vitamins C, B and E; folic acid; the naturally-occurring amino acids Lysine and Proline; and polyphenols such as EGCG, an extract of green tea.

**An optimum intake of these micronutrients through the diet and daily additional micronutrient supplementation is a sensible and advisable measure to strengthen the immune system and help to better ward off infection.**

For more information please contact:

# Swine-Flu HYSTERIA:

## What you need to know:

For the third time in a decade, after SARS and Bird flu, a global hysteria has erupted again in connection with a virus infection. This time it's Swine-flu!

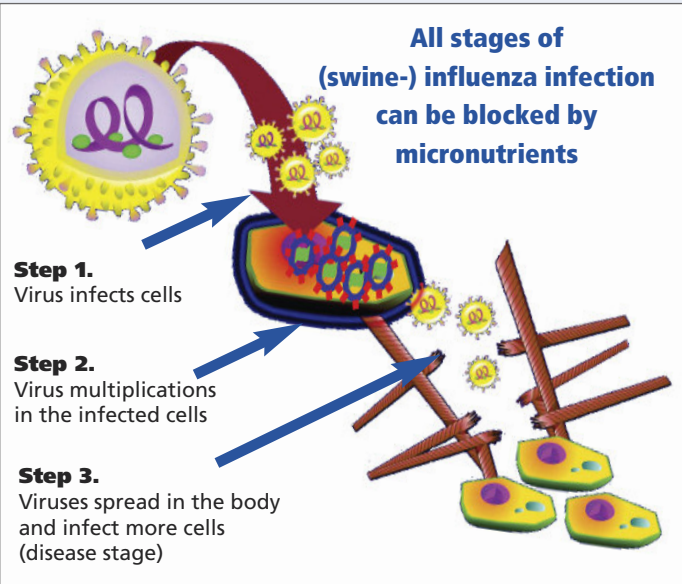
The most important "hygiene measure" in the light of this scare mongering is to educate the public about:

1. The actual scientific facts.
2. The real beneficiaries who fuel this mass hysteria for economic and political reasons.

In 2006, the German scientist and physician Dr. med Matthias Rath and his research team published their major scientific breakthrough, during the bird flu scare, in the New York Times (see below) and contributed decisively to an open, objective public discussion.

It is only expedient, in view of the renewed scare, to inform the public about the scientifically proven natural approach to control the influenza virus.

### Science based natural control of the (swine-) influenza virus.

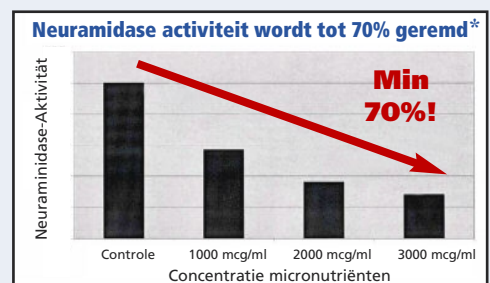


### All stages of (swine-) influenza infection can be blocked by micronutrients

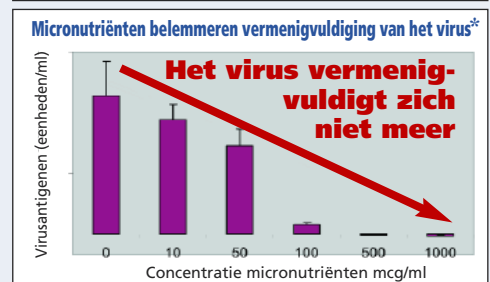
1. The influenza virus gets inside the body cell of humans, pigs and other animals with the help of the enzymes (biological catalyzer). The surface of the virus is spiked with two types of enzymes hemagglutinin (H) and neuraminidase (N)
2. Within the infected cell, the virus 'reprogrammes' the genetic software in the cell core to allow its own multiplication. The infected cell now continuously produces more viruses as well as the collagen destroying enzymes (collagenases) to allow the virus to spread.
3. Millions of viruses are released from infected cells. With help of collagen-destroying enzymes, the viruses spread through the connective tissue and invade other cells. The influenza infection has turned into a disease.

### Specific research results:

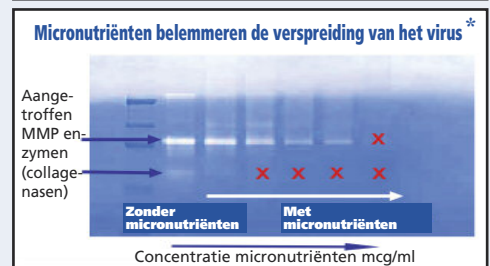
- 1 The activity of neuraminidase, the enzyme responsible for viral infectivity, can be lowered by 70% with the use of micronutrients.



- 2 Multiplication of influenza viruses in infected cells can be completely stopped with Vitamin C, polyphenoles (green tea extract) and other micronutrients.



- 3 Micronutrients block the production of enzymes (collagenases) responsible for the destruction of connective tissue and the viral spread in the body.



\*The graphics contain only a summary of the scientific findings as published in the New York Times (see left). Health-politicians and the general public can find more detailed information on our research web-page [www.drathresearch.org](http://www.drathresearch.org).

Het bericht in de *New York Times* op 24 maart 2006

### BIRD FLU: Public Health Information for The Governments of the World

A potential bird pandemic poses a global threat. Since there is no vaccine available, there is an urgent need for effective, safe and affordable treatment of a bird flu pandemic.

The need for a new approach to this health threat is particularly critical for developing regions such as Africa, Asia and South America.

Currently promoted pharmaceutical options are an answer to a global pandemic either. According to the manufacturer of Tamiflu, this drug can reduce the symptoms of influenza by merely one day.

Thus, while the benefits of this drug are limited to cost of about \$10 per pill is prohibitive as a public health measure for the great majority of nations.

**Micronutrients An Effective and Affordable Alternative to the Bird Flu Threat**

With micronutrient inhibitors and other pharmaceutical drugs offering limited options to fight a global pandemic, there was an

#### Scientific Basis for the Natural Control of Influenza

**All Steps of Influenza Infection Can Be Blocked by Micronutrients:**

1. Influenza virus gets inside the body cells with the help of the enzyme neuraminidase (N), which is located on the surface of the virus.
2. Within the infected cell, the virus 'reprograms' the genetic software in the cell core to allow its own multiplication. The infected cell now continuously produces more viruses as well as the biological enzymes (collagenases) for their spread.
3. Millions of viruses are released from infected cells. With the help of collagen-destroying enzymes, the viruses expand through the connective tissue and invade other cells. The influenza infection has turned into a disease.



The groundbreaking research on the natural control of bird flu was conducted by Dr. med Matthias Rath, Institute in California, one of the leading research institutions on the leading research in cellular medicine and natural health.

Public health officials and political bodies are encouraged to contact us directly for more information. Specific research details are available on our website, [www.drathresearch.org](http://www.drathresearch.org).

Now, the governments of all nations - rich and poor - can improve the health of their citizens and develop public health strategies to fight influenza and bird flu.

This page only contains a summary of our scientific findings. Government officials and the general public are invited to visit our detailed research documentation online at: [www.dr-rath-foundation.org](http://www.dr-rath-foundation.org) and [www.dr-rath-research.org](http://www.dr-rath-research.org) or contact the head of our research institute, [dr.niedzwiecki@drathresearch.org](mailto:dr.niedzwiecki@drathresearch.org)

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