

Books by Dr. Rath

The two-time Nobel Laureate Linus Pauling stated that Dr. Rath's discoveries would be seen as the most important discoveries of the second half of the 20th century. The following books tell the story of these discoveries.

'Why Animals Don't Get Heart Attacks - But People Do' documents one of the most significant medical breakthroughs ever made in human health. The magnitude of Dr. Rath's breakthrough has given him the courage to challenge the largest investment industry on earth – the pharmaceutical industry and its trillion dollar "business with disease." This book also answers some of today's most burning political questions.

Cellular Health Series - Cancer: This book provides a summary of the progress of Cellular Health in the battle against several forms of cancer and infectious diseases, as well as other serious diseases. It substantiates the fact that cancer - after heart disease the second-largest plague of mankind - will lose its threat. This book discloses key mechanisms, describing how cancer cells spread through the body and how this process can be blocked in a natural way. All this can be done without chemotherapy, radiation therapy or other dangerous and ineffective approaches used today by conventional medicine. It is no surprise, therefore, that the Cellular Health approach can help in diseases that conventional medicine still considers incurable.

Cellular Health Series - The Heart: Throughout this book you will read about remarkable health effects of vitamins and other essential nutrients. The scientific basis of these dramatic health improvements can be summarized as follows: the cells in our body fulfil a multitude of different functions. Gland cells produce hormones; white blood cells produce antibodies; heart muscle cells generate and conduct biological electricity for the heart beat. The specific function of each cell is determined by the genetic software program, the genes located in each cell core. Despite these different functions, it is important to understand that all cells use the same carriers of bioenergy and the same biocatalysts for a multitude of biochemical reactions inside these cells. Many of these essential biocatalysts and bioenergy molecules cannot be produced by the body itself and have to be supplemented in our diet on a regular basis. Vitamins, certain amino acids, minerals and trace elements are among the most important essential nutrients for optimum function of each cell. Without optimum intake of these essential nutrients, the function of millions of cells becomes impaired and diseases develop.

Cellular Health Series - Health for the 21st Century: "Codex Alimentarius will be seen by future generations as the greatest threat to the basic human right of health. Never before in history has a special interest group, the pharmaceutical industry, so shamelessly tried to compromise the health of millions of people in order to maintain its billion dollar markets of prescription drugs. Having free access to information about the health benefits of vitamins and other natural therapies is the key to a healthy and long life without the risk of side effects and new diseases associated with many prescription drugs." Matthias Rath, M.D.

Cellular Health Communications: The first issue of Cellular Health Communications is dedicated to the results of clinical pilot studies with vitamin therapy in a variety of health conditions, ranging from high blood pressure to asthma and ringing ears (tinnitus). These studies confirm that the cellular health approach is an effective tool in the prevention and therapy of many chronic health problems. It opens a new avenue for searching for innovative health alternatives without risking side-effects commonly known to be associated with pharmaceutical drugs.

Ten Years That Changed Medicine Forever: The story of Dr. Rath's work and the events that shaped his approach to natural health. A fascinating account of the momentous discoveries made by Dr. Rath that reveals something of the personal warmth and humanity of the man himself.

[Read the books online on the website:](http://www.dr-rath-foundation.org)

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